

## **ASK AN EXPERT**

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### **“How can I make my teeth look perfect?”**

Getting a perfect smile can be very simple to quite involved, depending upon your individual goals, the size, shape and color of your teeth, and the general health of your mouth. From reshaping the surfaces of teeth to changing the lower third of your face through a smile lift, there are many options and one of them probably is just right for you.

Whiter, brighter, straighter teeth are what most people ask for when improving their smile. The most popular ways to get these results are easy, affordable and painless, and many take just one dental visit.

The foundation of a perfect smile begins with a clean mouth, strong teeth and healthy gums. If that's where you need to start, make that commitment today.

These newer procedures offer an additional level of enhancements to quickly and comfortably transform your smile into the perfect one you really want. If you're ready to go to the next step with your smile, consider the following options:

### **WHITENING**

Professional tooth whitening is the most simple and effective method for a brighter smile, and it's the first thing you should do if you are already happy with the size and shape of your teeth. A personalized program of intense in-office bleaching combined with at-home treatments using custom trays and appropriate levels of whitening solutions safely offers the best results.

### **VENEERS**

If you are looking for a bigger, fuller smile, or want to change the shape and size of your teeth, you should consider porcelain veneers and crowns. These “instant orthodontics” eliminate the look of stained, cracked and worn teeth, and they also close unwanted gaps. You will end up with a fabulous, youthful smile in just a few days.

### **INVISALIGN**

Crooked teeth or spaces between teeth can be corrected by Invisalign invisible braces, often in as little as six months. This procedure is popular because it is easy. A computerized image of your corrected smile at the first visit will let you know what to expect.

### **OTHER**

Other exciting ways to improve your smile include Restylane dermal filler for fuller, more defined lips, Botox for erasing unwanted smile lines, and laser surgery to reduce a gummy smile.